

# 2<sup>nd</sup> National Conference

on

## Emerging Trends in Diabetes

November, 21<sup>st</sup> 2009

### **Venue:**

Services Institute of Medical Sciences, Lahore

### **Date:**

21<sup>st</sup> November 2009

### **History & Background:**

National Conference on Emerging Trends in Diabetes was launched in 2008 to focus on the new advances and futures trends in diabetes care. The inaugural session was attended by notable endocrinologists, physicians, surgeons, fellows and postgraduate trainees from all over Pakistan, and the scientific programme featured papers on the GLP axis, insulin analogs and emerging diabetes therapies.

### **Introduction:**

The diabetes epidemic has changed the face of health care in third world countries. The economic burden of diabetes complications is causing health budgets to collapse in the most affluent of societies. The future of successful health care planning lies in preventing complications from developing, rather than trying to salvage matters after the damage has been done.

The Diabetes scenario is changing at an extraordinary pace. In the face of treatments becoming available at a greater frequency than ever before, it is imperative that physicians involved in diabetes care keep up with emerging therapies and novel options in the treatment of diabetes.

The past year has seen many exciting advances in diabetes therapies, as well as challenges to established therapies. The theme of this year's conference is obesity and its ramifications. The key note address will focus on the neuro-hormonal mechanisms involved in regulation of appetite, and potential for their modulation. Speakers will also address insulin resistance, bariatric surgery, the endo-cannabinoid axis and obstructive sleep apnoea.

### **Programme:**

08:30am	Inauguration
09:00 – 10:30 am	Free paper session
10:00 – 11:00 am	Break (Tea will be served)
11:00 – 11:30 am	Keynote address
11:30 – 2:00 pm	State of the art lectures
02:00 pm	Concluding ceremony followed by lunch

### Submit an abstract:

Soft copies of abstract of original research papers may be submitted via email to:

[rashidsalamat@gmail.com](mailto:rashidsalamat@gmail.com)  
[chishtee.abrar@gmail.com](mailto:chishtee.abrar@gmail.com)  
[dmc@sims.edu.pk](mailto:dmc@sims.edu.pk)

Hard copies may be submitted to the conference central contact person via registered mail, or in person.

### Conference Secretariat:

Endocrinology Unit and Diabetes Management Centre,  
Services Institute of Medical Sciences,  
Jail Road,  
Lahore, Pakistan.

### Organizing Committee:

<b>Patron:</b>	Prof. Faisal Masud
<b>Members:</b>	Prof. Mahmood Ayaz Dr. Khadija Irfan Khawaja Dr. Sajid Nisar

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### About Lahore:

Weather in Lahore in late November is chilly at night. It's a city of fun and frolic with plenty to do for every one. There are numerous restaurants serving a variety of sumptuous food to excite your taste buds, and a heritage which is rich and full of grandeur; in short, simply a tourist's delight.

*(Abstracts will be uploaded in 1<sup>st</sup> week of November).*